

*Keep it Alive REACH* Cubes build empathy and grow an appreciation for thinking differently. They encourage productive and positive interactions in the workplace, workshop or personal development sessions. They can be used in any creative way to grow REACH and below are a few recommended activities that can be used to maximize the impact of the REACH Cubes.

## **ACTIVITY 1: KEEP IT ALIVE REACH CUBES THINKING OUTSIDE THE SQUARE**

When your participants are taking part in workshops, training and personal development sessions change up the thinking by providing them with a REACH Cube. The participants then use the information on the cube to guide their thinking, behaviors and interactions with others. What cube have they been allocated and what cubes do others have?

Advisor Cube: Focused on detail and doing?

Coach Cube: Focused on People and Action?

**TIP:** Allocate participants a REACH Cube that is not their REACH Style encourage empathy building and appreciation for the strength of thinking differently.



## **ACTIVITY 2: KEEP IT ALIVE REACH CUBES GROW REACH IN YOUR SPACE**

After REACH has been introduced using the REACH Training participants can keep REACH alive in their workplace by taking a set of *Keep it Alive REACH* Cubes back to their workspace.

By using the *Keep it Alive REACH* Cubes on a regular basis, participants personal REACH and the REACH of those around can be grown with these great ideas:

## **THE DESK STACK**

Stack the REACH Cubes on your desk and on top of the stack place the cube that is reflecting your current REACH zone.

Ensure that you have the side that says “Thanks for dropping by, right now I am in my \_\_\_\_\_ quadrant” facing outward so those approaching your work space know how you are feeling and acting at that current time.

This is designed to help those around you recognize different behaviors/responses they may or may not receive from you based on the situation and REACH zone.



## **THINK BEFORE I ACT**

Use your REACH Cubes to be mindful of your interactions with others.

Whilst interacting use the cubes to review your behaviors and actions. Take up the cube of the quadrant you currently feel you are in and review these sides:

**Think Before I Act:** Is this what I need to be right now?

Flip the cube over to the side of the profile overview and think about the style in which you are Communicating, Conflict-handling, Delegating etc.

Is this what you need to be to **REACH** the person you are interacting with?

If not find the REACH Cube that best suits the situation and maximizes your REACH with that person and use the profile overview on the cube to help guide your interaction.