

MAKE IT REAL

REACH RUG ACTIVITIES

The REACH Rug is the ideal way to bring REACH to life in your training, presentations and at the office. This bright and colorful rug has been designed to grab the attention of your participants/staff and encourage them to get up and moving. Introducing physical movement into activities has been proven to change mindsets and perspectives.

Below are a few recommended activities that can be used to maximize the impact of the REACH Rug.

ACTIVITY 1: MAKE IT REAL REACH RUG TRAINING SESSION WARM UP

This activity is ideal for training groups of around 6- 8 participants.

Get your participants to move around the REACH RUG for the “REACH in Two Questions” activity that is available in your REACH Training Materials.

ACTIVITY 2: MAKE IT REAL REACH RUG ROLE PLAY

The REACH Rug can be used with the role-play and fish-bowl activities in your REACH Training Materials. This can provide many variations to these activities and delivers insightful outcomes.

Whilst participating in these activities ask participants to stand in the different quadrants and behave in that style. They can be guided by the style markers that are listed on the Rug in that quadrant. Debriefing activities such as conflict resolution, delegation and customer service can bring some real aha moments to a training session. Imagine the power of an Advisor managing conflict between two Drivers or a Counselor dealing face to face with an irate customer who is a Driver.



ACTIVITY 3: MAKE IT REAL REACH RUG IN YOUR OFFICE SPACE

The REACH Rug can bring colour and life to your office space but most importantly it can bring REACH to top of mind. Keeping REACH concepts alive by using this tool to your team of the various REACH styles and how they can reach others by thinking outside their style.